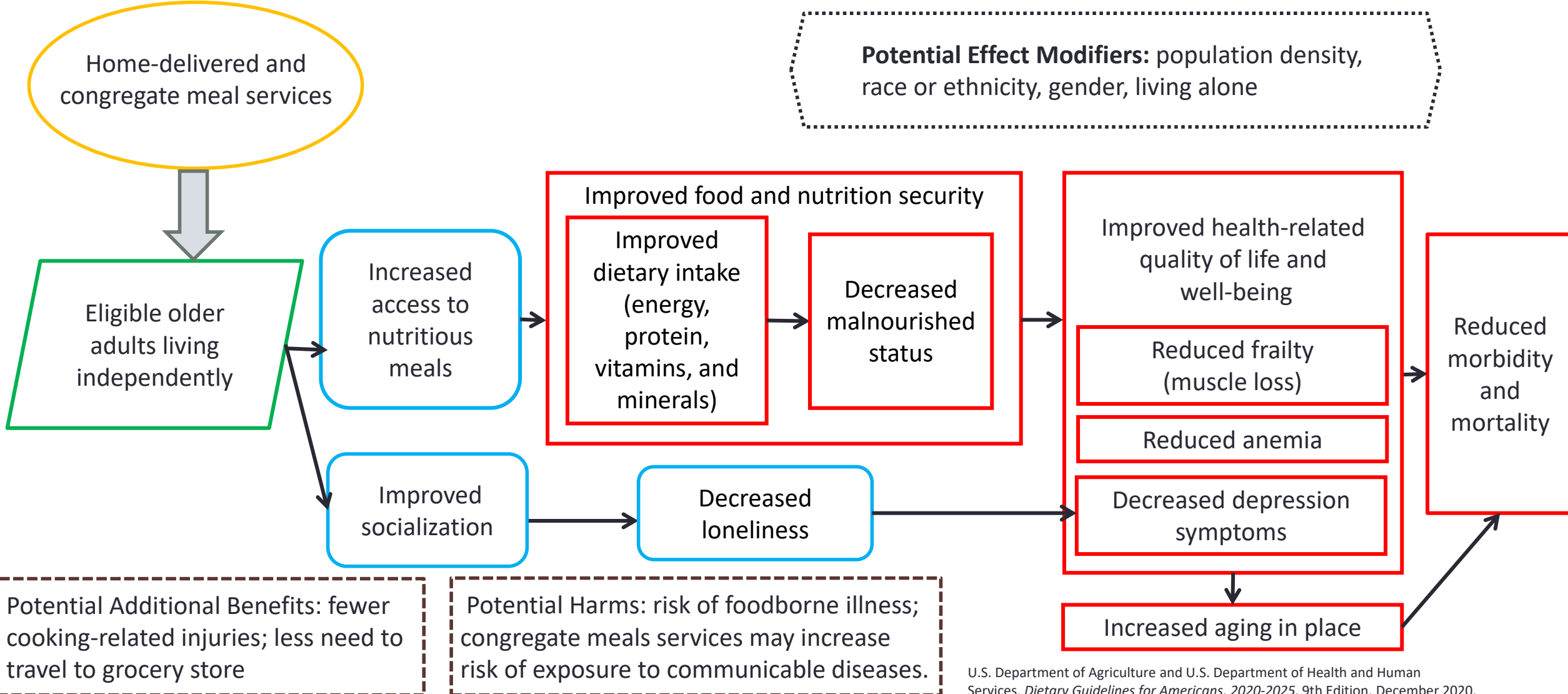




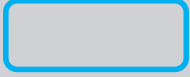
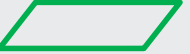





# Analytic Framework: Home-delivered and Congregate Meal Services for Older Adults

accessible version: <https://www.thecommunityguide.org/sites/default/files/assets/AF-nutrition-older-adult-meals-508.pdf>



U.S. Department of Agriculture and U.S. Department of Health and Human Services. *Dietary Guidelines for Americans, 2020-2025*. 9th Edition. December 2020. Available at [DietaryGuidelines.gov](https://www.dietaryguidelines.gov).

## Legend: Icons in Community Guide Analytic Frameworks

Icon	Interpretation
	Intervention
	Recommendation outcome
	Other intermediate outcome/variable (that are not recommendation outcomes)
	Population
	Potential Effect Modifiers (affecting causal relationships)
	Potential Additional Benefits/Potential Harms
	Unidirectional block arrows are applied between intervention and population icons
	Unidirectional arrows for causal relationships
	Bidirectional arrows show feedback loops