

Community Preventive Services Task Force
All Active Findings
September 2024*

Adolescent Health		
<u>Person-to-Person Interventions to Improve Caregivers' Parenting Skills</u>	Recommended (sufficient)	October 2007
Asthma		
<u>School-based Self-Management Interventions for Children and Adolescents with Asthma</u>	Recommended (strong)	August 2019
Home-Based Multi-Trigger, Multicomponent Environmental Interventions		
<u>Children and Adolescents with Asthma</u>	Recommended (strong)	June 2008
<u>Adults with Asthma</u>	Insufficient Evidence	June 2008
Cancer		
Increasing Cancer Screening		
Patient Navigation Services to Advance Health Equity		
<u>Breast Cancer</u>	Recommended (strong)	July 2022
<u>Cervical Cancer</u>	Recommended (sufficient)	July 2022
<u>Colorectal Cancer</u>	Recommended (strong)	July 2022
Interventions Engaging Community Health Workers		
<u>Breast Cancer</u>	Recommended (strong)	April 2019
<u>Cervical Cancer</u>	Recommended (strong)	April 2019
<u>Colorectal Cancer</u>	Recommended (strong)	April 2019
Multicomponent Interventions		
<u>Breast Cancer</u>	Recommended (strong)	August 2016
<u>Cervical Cancer</u>	Recommended (strong)	August 2016
<u>Colorectal Cancer</u>	Recommended (strong)	August 2016
Increasing Cancer Screening, Client-Oriented Interventions		
Client Incentives		
<u>Breast Cancer</u>	Insufficient Evidence	July 2010

*Table does not include inactive or archived reviews.

<u>Cervical Cancer</u>	Insufficient Evidence	July 2010
<u>Colorectal Cancer</u>	Insufficient Evidence	July 2010
Client Reminders		
<u>Breast Cancer</u>	Recommended (strong)	July 2010
<u>Cervical Cancer</u>	Recommended (strong)	July 2010
<u>Colorectal Cancer</u>	Recommended (strong)	July 2010
One-on-One Education		
<u>Breast Cancer</u>	Recommended (strong)	March 2010
<u>Cervical Cancer</u>	Recommended (strong)	March 2010
<u>Colorectal Cancer</u>	Recommended (sufficient)	March 2010
Reducing Structural Barriers		
<u>Breast Cancer</u>	Recommended (strong)	March 2010
<u>Cervical Cancer</u>	Insufficient Evidence	March 2010
<u>Colorectal Cancer</u>	Recommended (strong)	March 2010
Group Education for Clients		
<u>Breast Cancer</u>	Recommended (sufficient)	October 2009
<u>Cervical Cancer</u>	Insufficient Evidence	October 2009
<u>Colorectal Cancer</u>	Insufficient Evidence	October 2009
Mass Media Targeting Clients		
<u>Breast Cancer</u>	Insufficient Evidence	October 2009
<u>Cervical Cancer</u>	Insufficient Evidence	October 2009
<u>Colorectal Cancer</u>	Insufficient Evidence	October 2009
Reducing Client Out-of-Pocket Costs		
<u>Breast Cancer</u>	Recommended (sufficient)	October 2009
<u>Cervical Cancer</u>	Insufficient Evidence	October 2009
<u>Colorectal Cancer</u>	Insufficient Evidence	October 2009
Small Media Targeting Clients		
<u>Breast Cancer</u>	Recommended (strong)	December 2005
<u>Cervical Cancer</u>	Recommended (strong)	December 2005

<u>Colorectal Cancer</u>	Recommended (strong)	December 2005
Increasing Cancer Screening, Provider-Oriented Interventions		
Provider Assessment and Feedback		
<u>Breast Cancer</u>	Recommended (sufficient)	October 2009
<u>Cervical Cancer</u>	Recommended (sufficient)	October 2009
<u>Colorectal Cancer</u>	Recommended (sufficient)	October 2009
Provider Incentives		
<u>Breast Cancer</u>	Insufficient Evidence	October 2009
<u>Cervical Cancer</u>	Insufficient Evidence	October 2009
<u>Colorectal Cancer</u>	Insufficient Evidence	October 2009
Provider Reminder and Recall Systems		
<u>Breast Cancer</u>	Recommended (strong)	February 2006
<u>Cervical Cancer</u>	Recommended (strong)	February 2006
<u>Colorectal Cancer</u>	Recommended (strong)	February 2006
Preventing Skin Cancer		
<u>Interventions in Outdoor Recreational and Tourism Settings</u>	Recommended (strong)	April 2014
<u>Interventions in Outdoor Occupational Settings</u>	Recommended (strong)	August 2013
<u>Child Care Center-Based Interventions</u>	Recommended (sufficient)	May 2013
<u>High School- and College-Based Interventions</u>	Insufficient Evidence	May 2013
<u>Primary and Middle School-Based Interventions</u>	Recommended (strong)	August 2012
<u>Multicomponent Community-Wide Interventions</u>	Recommended (sufficient)	April 2012
<u>Mass Media</u>	Insufficient Evidence	June 2011
<u>Diabetes</u>		
<u>Mobile Phone Applications Used Within Healthcare Systems for Type 1 Diabetes Self-Management</u>	Insufficient Evidence	August 2017
<u>Mobile Phone Applications Used Within Healthcare Systems for Type 2 Diabetes Self-Management</u>	Recommended (sufficient)	August 2017
<u>Diabetes Management: Interventions Engaging Community Health Workers</u>	Recommended (strong)	April 2017
<u>Team-Based Care for Patients with Type 2 Diabetes</u>	Recommended (strong)	December 2016

<u>Intensive Lifestyle Interventions for Patients with Type 2 Diabetes</u>	Recommended (sufficient)	October 2016
<u>Diabetes Prevention: Interventions Engaging Community Health Workers for Diabetes Prevention</u>	Recommended (sufficient)	August 2016
<u>Combined Diet and Physical Activity Promotion Programs to Prevent Type 2 Diabetes Among People at Increased Risk</u>	Recommended (strong)	July 2014
<u>Excessive Alcohol Use</u>		
<u>Electronic Screening and Brief Interventions (e-SBI)</u>	Recommended (strong)	August 2012
<u>Privatization of Retail Alcohol Sales</u>	Recommended Against (strong)	April 2011
<u>Responsible Beverage Service Training</u>	Insufficient Evidence	October 2010
<u>Dram Shop Liability</u>	Recommended (strong)	March 2010
<u>Overservice Law Enforcement Initiatives</u>	Insufficient Evidence	March 2010
<u>Maintaining Limits on Hours of Sale</u>	Recommended (sufficient)	February 2009
<u>Maintaining Limits on Days of Sale</u>	Recommended (strong)	June 2008
<u>Increasing Alcohol Taxes</u>	Recommended (strong)	June 2007
<u>Regulation of Alcohol Outlet Density</u>	Recommended (sufficient)	February 2007
<u>Enhanced Enforcement of Laws Prohibiting Sales to Minors</u>	Recommended (sufficient)	February 2006
<u>Health Communication and Health Information Technology</u>		
<u>Health Information Technology: Text Messaging Interventions for Medication Adherence Among Patients with Chronic Diseases</u>	Recommended (sufficient)	August 2017
<u>Health Information Technology: Comprehensive Telehealth to Deliver Dietary Interventions to Patients with Chronic Diseases</u>	Recommended (strong)	August 2017
<u>Health Communication and Social Marketing: Campaigns That Include Mass Media and Health-Related Product Distribution</u>	Recommended (strong)	December 2010
<u>Heart Disease and Stroke Prevention</u>		
<u>Team-Based Care to Improve Blood Pressure Control</u>	Recommended (strong)	December 2020
<u>Tailored Pharmacy-based Interventions to Improve Medication Adherence</u>	Recommended (strong)	April 2019
<u>Mobile Health (mHealth) Interventions for Treatment Adherence among Newly Diagnosed Patients</u>	Recommended (sufficient)	December 2017

<u>Interactive Digital Interventions for Blood Pressure Self-Management</u>	Recommended (sufficient)	August 2017
<u>Self-Measured Blood Pressure Monitoring Interventions for Improved Blood Pressure Control</u>		
<u>When Used Alone</u>	Recommended (sufficient)	June 2015
<u>When Combined with Additional Support</u>	Recommended (strong)	June 2015
<u>Interventions Engaging Community Health Workers</u>	Recommended (strong)	March 2015
<u>Clinical Decision-Support Systems (CDSS)</u>	Recommended (sufficient)	April 2013
<u>Reducing Out-of-Pocket Costs for Cardiovascular Disease Preventive Services for Patients with High Blood Pressure and High Cholesterol</u>	Recommended (strong)	November 2012
<u>HIV/AIDS, STIs and Teen Pregnancy</u>		
<u>Group-Based Abstinence Education Interventions for Adolescents</u>	Insufficient Evidence	June 2009
<u>Group-Based Comprehensive Risk Reduction Interventions for Adolescents</u>	Recommended (sufficient)	June 2009
<u>Youth Development Behavioral Interventions to Reduce Sexual Risk Behaviors in Adolescents</u>		
<u>Coordinated with – Work or Vocational Training</u>	Insufficient Evidence	April 2008
<u>Coordinated with – Sports or Club Participation</u>	Insufficient Evidence	April 2008
<u>Coordinated with – Community Service</u>	Recommended (sufficient)	October 2007
HIV Prevention		
<u>Digital Health Interventions to Improve Adherence to HIV Pre-Exposure Prophylaxis</u>	Recommended (sufficient)	December 2021
<u>Partner Services Interventions to Increase HIV Testing</u>	Recommended (sufficient)	July 2021
<u>Clinical Decision Support System to Increase HIV Screening</u>	Recommended (strong)	April 2020
Interventions to Reduce Sexual Risk Behaviors or Increase Protective Behaviors to Prevent Acquisition of HIV in Men Who Have Sex with Men		
<u>Community-Level Interventions</u>	Recommended (sufficient)	June 2005
<u>Group-Level Interventions</u>	Recommended (strong)	June 2005
<u>Individual-Level Interventions</u>	Recommended (strong)	June 2005
<u>Mental Health</u>		
<u>Multi-tiered Interventions to Create Trauma-Informed Schools to Improve Mental Health Among Youth</u>	Insufficient Evidence	November 2023

<u>Targeted School-Based Cognitive Behavioral Therapy Programs to Reduce Depression and Anxiety Symptoms</u>	Recommended (strong)	April 2019
<u>Universal School-Based Cognitive Behavioral Therapy Programs to Reduce Depression and Anxiety Symptoms</u>	Recommended (strong)	April 2019
<u>Mental Health Benefits Legislation</u>	Recommended (sufficient)	August 2012
<u>Collaborative Care for the Management of Depressive Disorders</u>	Recommended (strong)	June 2010
Interventions to Reduce Depression Among Older Adults		
<u>Clinic-Based Depression Care Management</u>	Recommended (sufficient)	February 2008
<u>Community-Based Exercise Interventions</u>	Insufficient Evidence	February 2008
<u>Home-Based Depression Care Management</u>	Recommended (strong)	February 2008
<u>Motor Vehicle Injury</u>		
Use of Motorcycle Helmets		
<u>Universal Helmet Laws</u>	Recommended (strong)	August 2013
Reducing Alcohol-Impaired Driving		
<u>Publicized Sobriety Checkpoint Programs</u>	Recommended (strong)	August 2012
<u>Ignition Interlocks</u>	Recommended (strong)	April 2006
<u>Multicomponent Interventions with Community Mobilization</u>	Recommended (strong)	June 2005
School-Based Programs		
<u>Instructional Programs</u>	Recommended (sufficient)	October 2003
<u>Mass Media Campaigns</u>	Recommended (strong)	June 2002
<u>0.08% Blood Alcohol Concentration (BAC) Laws</u>	Recommended (strong)	August 2000
<u>Maintaining Current Minimum Legal Drinking Age (MLDA) Laws</u>	Recommended (strong)	August 2000
<u>Lower BAC Laws for Young or Inexperienced Drivers</u>	Recommended (sufficient)	June 2000
Use of Safety Belts		
<u>Enhanced Enforcement Programs</u>	Recommended (strong)	October 2000
<u>Laws Mandating Use</u>	Recommended (strong)	October 2000
<u>Primary (vs. Secondary) Enforcement Laws</u>	Recommended (strong)	October 2000
Use of Child Safety Seats		
<u>Community-Wide Information and Enhanced Enforcement Campaigns</u>	Recommended (sufficient)	June 1998

<u>Distribution and Education Programs</u>	Recommended (strong)	June 1998
<u>Incentive and Education Programs</u>	Recommended (sufficient)	June 1998
<u>Laws Mandating Use</u>	Recommended (strong)	June 1998
<u>Nutrition</u>		
<u>Home-delivered and Congregate Meal Services for Older Adults</u>	Recommended (sufficient)	December 2021
<u>Digital Health and Telephone Interventions to Increase Healthy Eating and Physical Activity among Students at Institutions of Higher Education</u>	Recommended (sufficient)	July 2021
<u>Worksite Digital Health and Telephone Interventions to Increase Healthy Eating and Physical Activity</u>	Recommended (sufficient)	March 2021
<u>Community-based Digital Health and Telephone Interventions to Increase Healthy Eating and Physical Activity</u>	Recommended (sufficient)	December 2020
<u>Gardening Interventions to Increase Fruit and Vegetable Consumption Among Children</u>	Recommended (sufficient)	December 2017
<u>Obesity</u>		
<u>Digital Health Interventions for Adolescents with Overweight or Obesity</u>	Recommended (sufficient)	August 2019
<u>Meal or Fruit and Vegetable Snack Interventions Combined with Physical Activity Interventions in Schools</u>	Recommended (sufficient)	April 2018
<u>Increasing Water Access Combined with Physical Activity Interventions in Schools</u>	Insufficient Evidence	April 2018
<u>Multicomponent Interventions (Meal or Fruit and Vegetable Snack Interventions + Healthier Snack Foods and Beverages) Combined with a Physical Activity Intervention in Schools</u>	Insufficient Evidence	October 2018
<u>Supporting Healthier Snack Foods and Beverages Sold or Offered Combined with Physical Activity Interventions in Schools</u>	Insufficient Evidence	October 2018
<u>Increasing Water Access in Schools</u>	Insufficient Evidence	December 2016
<u>Meal and Fruit and Vegetable Snack Interventions to Increase Healthier Foods and Beverages Provided by Schools</u>	Recommended (sufficient)	December 2016
<u>Multicomponent Interventions to Increase Availability of Healthier Foods and Beverages in Schools</u>	Recommended (sufficient)	December 2016
<u>Supporting Healthier Snack Foods and Beverages Sold or Offered as Rewards in Schools</u>	Insufficient Evidence	December 2016

<u>Behavioral Interventions that Aim to Reduce Recreational Sedentary Screen Time Among Children</u>	Recommended (strong)	August 2014
<u>Technology-Supported Multicomponent Coaching or Counseling Interventions</u>		
<u>To Maintain Weight Loss</u>	Recommended (sufficient)	June 2009
<u>To Reduce Weight</u>	Recommended (sufficient)	June 2009
<u>Worksite Programs</u>	Recommended (strong)	February 2007
Provider-Oriented Interventions		
<u>Multicomponent Provider Interventions</u>	Insufficient Evidence	February 2008
<u>Multicomponent Provider Interventions with Client Interventions</u>	Insufficient Evidence	February 2008
<u>Provider Education with a Client Intervention</u>	Insufficient Evidence	February 2008
<u>Provider Education</u>	Insufficient Evidence	October 2007
<u>Provider Feedback</u>	Insufficient Evidence	October 2007
<u>Provider Reminders</u>	Insufficient Evidence	October 2007
<u>Oral Health</u>		
<u>Oral Cancers and Potentially Malignant Disorders: Population-Based Interventions for Early Detection</u>	Insufficient Evidence	October 2013
<u>Craniofacial Injuries: Community-Based Interventions to Encourage Use of Helmets, Facemasks, and Mouthguards in Contact Sports</u>	Insufficient Evidence	October 2013
<u>Dental Caries (Cavities): Community Water Fluoridation</u>	Recommended (strong)	April 2013
<u>Dental Caries (Cavities): Community-Based Initiatives to Promote the Use of Dental Sealants</u>	Insufficient Evidence	April 2013
<u>Dental Caries (Cavities): School-Based Dental Sealant Delivery Programs</u>	Recommended (strong)	April 2013
<u>Preparedness and Response</u>		
<u>School Dismissals to Reduce Transmission of Pandemic Influenza</u>	Recommended (sufficient)	August 2012
<u>Physical Activity</u>		
<u>Home-based Exercise Interventions for Adults Aged 65 Years and Older</u>	Recommended (sufficient)	July 2022
<u>Park, Trail, and Greenway Infrastructure Interventions</u>		
<u>When Combined with Additional Interventions</u>	Recommended (sufficient)	July 2021

<u>When Implemented Alone</u>	Insufficient Evidence	July 2021
<u>Classroom-based Physically Active Lesson Interventions</u>	Recommended (sufficient)	March 2021
<u>Physical Activity: Classroom-based Physical Activity Break Interventions</u>	Recommended (sufficient)	March 2021
<u>Digital Health Interventions for Adults 55 years and Older</u>	Recommended (sufficient)	April 2019
<u>Interventions to Increase Active Travel to School</u>	Recommended (sufficient)	August 2018
<u>Interventions Including Activity Monitors for Adults with Overweight or Obesity</u>	Recommended (sufficient)	August 2017
<u>Built Environment Approaches Combining Transportation System Interventions with Land Use and Environmental Design</u>	Recommended (sufficient)	December 2016
<u>Family-Based Interventions</u>	Recommended (sufficient)	October 2016
<u>Enhanced School-Based Physical Education</u>	Recommended (strong)	December 2013
<u>Stand-Alone Mass Media Campaigns</u>	Insufficient Evidence	March 2010
<u>Point-of-Decision Prompts to Encourage Use of Stairs</u>	Recommended (strong)	June 2005
<u>Creating or Improving Places for Physical Activity</u>	Recommended (strong)	May 2001
<u>Community-Wide Campaigns</u>	Recommended (strong)	February 2001
<u>Individually Adapted Health Behavior Change Programs</u>	Recommended (strong)	February 2001
<u>Social Support Interventions in Community Settings</u>	Recommended (strong)	February 2001
<u>Pregnancy Health</u>		
<u>Exercise Programs to Prevent Gestational Hypertension</u>	Recommended (sufficient)	February 2019
<u>Lifestyle Interventions to Reduce the Risk of Gestational Diabetes</u>	Recommended (strong)	December 2017
<u>Community-Wide Campaigns to Promote the Use of Folic Acid Supplements</u>	Recommended (sufficient)	June 2004
<u>Social Determinants of Health</u>		
Education Programs and Policies		
<u>Year-Round Schooling</u>	Insufficient Evidence	August 2017
<u>Expanded In-School Learning Time</u>	Insufficient Evidence	April 2017
<u>Center-Based Early Childhood Education</u>	Recommended (strong)	March 2015
<u>School-Based Health Centers</u>	Recommended (sufficient)	March 2015
<u>High School Completion Programs</u>	Recommended (strong)	December 2013

Out-of-School-Time Academic Programs		
<u>General</u>	Recommended (sufficient)	December 2013
<u>Math-Focused</u>	Recommended (sufficient)	December 2013
<u>Reading-Focused</u>	Recommended (strong)	December 2013
<u>Minimal Academic Content</u>	Insufficient Evidence	December 2013
<u>Full Day Kindergarten Programs</u>	Recommended (strong)	December 2011
Housing		
<u>Tenant-Based Housing Voucher Programs</u>	Recommended (sufficient)	July 2020
<u>Permanent Supportive Housing with Housing First (Housing First Programs)</u>	Recommended (strong)	August 2019
Nutrition		
<u>Fruit and Vegetable Incentive Programs</u>	Recommended (strong)	December 2023
<u>Healthy School Meals for All</u>	Recommended (strong)	July 2022
<u>Substance Use</u>		
<u>Family-based Interventions to Prevent Substance Use among Youth</u>	Recommended (strong)	June 2023
<u>Tobacco Use</u>		
<u>Mobile Phone Text Messaging Cessation Interventions</u>	Recommended (strong)	July 2020
<u>Internet-based Cessation Interventions</u>	Recommended (sufficient)	December 2019
<u>Comprehensive Tobacco Control Programs</u>	Recommended (strong)	August 2014
<u>Mass-Reach Health Communication Interventions</u>	Recommended (strong)	April 2013
<u>Interventions to Increase the Unit Price for Tobacco Products</u>	Recommended (strong)	November 2012
<u>Smoke-Free Policies</u>	Recommended (strong)	November 2012
<u>Quitline Interventions</u>	Recommended (strong)	August 2012
<u>Reducing Out-of-Pocket Costs for Evidence-Based Cessation Treatments</u>	Recommended (strong)	August 2012
<u>Mobile Phone-Based Cessation Interventions</u>	Recommended (sufficient)	December 2011
<u>Incentives and Competitions to Increase Smoking Cessation Among Workers When Combined with Additional Interventions</u>	Recommended (strong)	June 2005
Restricting Minors' Access to Tobacco Products		

<u>Community Mobilization with Additional Interventions to Restrict Minors' Access to Tobacco Products</u>	Recommended (sufficient)	June 2001
<u>Vaccination</u>		
Enhancing Access to Vaccination Services		
<u>Home Visits to Increase Vaccination Rates</u>	Recommended (strong)	February 2016
<u>Special Supplemental Nutrition Program for Women, Infants & Children (WIC) Settings</u>	Recommended (strong)	March 2015
<u>Reducing Client Out-of-Pocket Costs</u>	Recommended (strong)	September 2014
<u>Vaccination Programs in Schools and Organized Child Care Centers</u>	Recommended (strong)	June 2009
Increasing Community Demand for Vaccinations		
<u>Client-Held Paper Immunization Records</u>	Insufficient Evidence	February 2016
<u>Vaccination Requirements for Child Care, School, and College Attendance</u>	Recommended (strong)	February 2016
<u>Community-Wide Education When Used Alone</u>	Insufficient Evidence	September 2015
<u>Monetary Sanction Policies</u>	Insufficient Evidence	September 2015
<u>Client or Family Incentive Rewards</u>	Recommended (sufficient)	May 2015
<u>Client Reminder and Recall Systems</u>	Recommended (strong)	May 2015
<u>Clinic-Based Client Education when Used Alone</u>	Insufficient Evidence	May 2015
<u>Community-Based Interventions Implemented in Combination</u>	Recommended (strong)	October 2014
Provider- or System-Based Interventions		
<u>Provider Education When Used Alone</u>	Insufficient Evidence	May 2015
<u>Provider Assessment and Feedback</u>	Recommended (strong)	March 2015
<u>Provider Reminders</u>	Recommended (strong)	March 2015
<u>Standing Orders</u>	Recommended (strong)	March 2015
<u>Health Care System-Based Interventions Implemented in Combination</u>	Recommended (strong)	October 2014
<u>Immunization Information Systems</u>	Recommended (strong)	July 2010
<u>Violence Prevention</u>		
<u>School-based Anti-Bullying Interventions</u>	Recommended (strong)	December 2021

<u>Primary Prevention Interventions to Reduce Perpetration of Intimate Partner Violence and Sexual Violence Among Youth</u>	Recommended (sufficient)	April 2018
<u>Group Cognitive-Behavioral Therapy to Reduce Psychological Harm for Traumatic Events Among Children and Adolescents</u>	Recommended (strong)	June 2006
<u>Individual Cognitive-Behavioral Therapy to Reduce Psychological Harm for Traumatic Events Among Children and Adolescents</u>	Recommended (strong)	June 2006
<u>School-Based Programs to Reduce Violence</u>	Recommended (strong)	June 2005
<u>Policies Facilitating the Transfer of Juveniles to Adult Justice Systems</u>	Recommended Against	April 2003
<u>Therapeutic Foster Care for Chronically Delinquent Juveniles</u>	Recommended (sufficient)	June 2002
<u>Early Childhood Home Visitation to Prevent Child Maltreatment</u>	Recommended (strong)	February 2002
<u>Worksite Health</u>		
Seasonal Influenza Vaccinations Using Interventions with On-Site, Free, Actively Promoted Vaccinations		
<u>Healthcare Workers</u>	Recommended (strong)	June 2008
<u>Non-Healthcare Workers</u>	Recommended (sufficient)	June 2008
Seasonal Influenza Vaccinations Using Interventions with Actively Promoted, Off-Site Vaccinations		
<u>Non-Healthcare Workers</u>	Insufficient Evidence	June 2008
<u>Healthcare Workers</u>	Insufficient Evidence	June 2008
Assessment of Health Risks with Feedback (AHRF) to Change Employees' Health		
<u>AHRF Plus Health Education with or without Other Interventions</u>	Recommended (strong)	February 2007

† The CPSTF Finding and Rationale Statement will be posted as soon as it is finalized and cleared.