

Community Preventive Services Task Force
All Active Recommendations
November 2022*

<u>Adolescent Health</u>		
<u>Person-to-Person Interventions to Improve Caregivers' Parenting Skills</u>	Recommended (sufficient)	October 2007
<u>Asthma</u>		
<u>School-based Self-Management Interventions for Children and Adolescents with Asthma</u>	Recommended (strong)	August 2019
Home-Based Multi-Trigger, Multicomponent Environmental Interventions		
<u>Children and Adolescents with Asthma</u>	Recommended (strong)	June 2008
<u>Cancer</u>		
Increasing Cancer Screening		
Patient Navigation Services to Advance Health Equity		
Breast Cancer†	Recommended (strong)	July 2022
Cervical Cancer†	Recommended (sufficient)	July 2022
Colorectal Cancer†	Recommended (strong)	July 2022
Interventions Engaging Community Health Workers		
<u>Breast Cancer</u>	Recommended (strong)	April 2019
<u>Cervical Cancer</u>	Recommended (strong)	April 2019
<u>Colorectal Cancer</u>	Recommended (strong)	April 2019
Multicomponent Interventions		
<u>Breast Cancer</u>	Recommended (strong)	August 2016
<u>Cervical Cancer</u>	Recommended (strong)	August 2016
<u>Colorectal Cancer</u>	Recommended (strong)	August 2016
Increasing Cancer Screening, Client-Oriented Interventions		
Client Reminders		
<u>Breast Cancer</u>	Recommended (strong)	July 2010
<u>Cervical Cancer</u>	Recommended (strong)	July 2010

*Table does not include inactive or archived reviews.

<u>Colorectal Cancer</u>	Recommended (strong)	July 2010
One-on-One Education		
<u>Breast Cancer</u>	Recommended (strong)	March 2010
<u>Cervical Cancer</u>	Recommended (strong)	March 2010
<u>Colorectal Cancer</u>	Recommended (sufficient)	March 2010
Reducing Structural Barriers		
<u>Breast Cancer</u>	Recommended (strong)	March 2010
<u>Colorectal Cancer</u>	Recommended (strong)	March 2010
Group Education for Clients		
<u>Breast Cancer</u>	Recommended (sufficient)	October 2009
Reducing Client Out-of-Pocket Costs		
<u>Breast Cancer</u>	Recommended (sufficient)	October 2009
Small Media Targeting Clients		
<u>Breast Cancer</u>	Recommended (strong)	December 2005
<u>Cervical Cancer</u>	Recommended (strong)	December 2005
<u>Colorectal Cancer</u>	Recommended (strong)	December 2005
Increasing Cancer Screening, Provider-Oriented Interventions		
Provider Assessment and Feedback		
<u>Breast Cancer</u>	Recommended (sufficient)	October 2009
<u>Cervical Cancer</u>	Recommended (sufficient)	October 2009
<u>Colorectal Cancer</u>	Recommended (sufficient)	October 2009
Provider Reminder and Recall Systems		
<u>Breast Cancer</u>	Recommended (strong)	February 2006
<u>Cervical Cancer</u>	Recommended (strong)	February 2006
<u>Colorectal Cancer</u>	Recommended (strong)	February 2006
Preventing Skin Cancer		
<u>Interventions in Outdoor Recreational and Tourism Settings</u>	Recommended (strong)	April 2014
<u>Interventions in Outdoor Occupational Settings</u>	Recommended (strong)	August 2013
<u>Child Care Center-Based Interventions</u>	Recommended (sufficient)	May 2013
<u>Primary and Middle School-Based Interventions</u>	Recommended (strong)	August 2012

<u>Multicomponent Community-Wide Interventions</u>	Recommended (sufficient)	April 2012
<u>Diabetes</u>		
<u>Mobile Phone Applications Used Within Healthcare Systems for Type 2 Diabetes Self-Management</u>	Recommended (sufficient)	August 2017
<u>Diabetes Management: Interventions Engaging Community Health Workers</u>	Recommended (strong)	April 2017
<u>Team-Based Care for Patients with Type 2 Diabetes</u>	Recommended (strong)	December 2016
<u>Intensive Lifestyle Interventions for Patients with Type 2 Diabetes</u>	Recommended (sufficient)	October 2016
<u>Diabetes Prevention: Interventions Engaging Community Health Workers for Diabetes Prevention</u>	Recommended (sufficient)	August 2016
<u>Combined Diet and Physical Activity Promotion Programs to Prevent Type 2 Diabetes Among People at Increased Risk</u>	Recommended (strong)	July 2014
<u>Excessive Alcohol Use</u>		
<u>Electronic Screening and Brief Interventions (e-SBI)</u>	Recommended (strong)	August 2012
<u>Privatization of Retail Alcohol Sales</u>	Recommended Against (strong)	April 2011
<u>Dram Shop Liability</u>	Recommended (strong)	March 2010
<u>Maintaining Limits on Hours of Sale</u>	Recommended (sufficient)	February 2009
<u>Maintaining Limits on Days of Sale</u>	Recommended (strong)	June 2008
<u>Increasing Alcohol Taxes</u>	Recommended (strong)	June 2007
<u>Regulation of Alcohol Outlet Density</u>	Recommended (sufficient)	February 2007
<u>Enhanced Enforcement of Laws Prohibiting Sales to Minors</u>	Recommended (sufficient)	February 2006
<u>Health Communication and Health Information Technology</u>		
<u>Health Information Technology: Text Messaging Interventions for Medication Adherence Among Patients with Chronic Diseases</u>	Recommended (sufficient)	August 2017
<u>Health Information Technology: Comprehensive Telehealth to Deliver Dietary Interventions to Patients with Chronic Diseases</u>	Recommended (strong)	August 2017
<u>Health Communication and Social Marketing: Campaigns That Include Mass Media and Health-Related Product Distribution</u>	Recommended (strong)	December 2010
<u>Health Equity</u>		

Education Programs and Policies		
<u>Center-Based Early Childhood Education</u>	Recommended (strong)	March 2015
<u>School-Based Health Centers</u>	Recommended (sufficient)	March 2015
<u>High School Completion Programs</u>	Recommended (strong)	December 2013
Out-of-School-Time Academic Programs		
<u>General</u>	Recommended (sufficient)	December 2013
<u>Math-Focused</u>	Recommended (sufficient)	December 2013
<u>Reading-Focused</u>	Recommended (strong)	December 2013
<u>Full Day Kindergarten Programs</u>	Recommended (strong)	December 2011
Housing		
<u>Tenant-Based Housing Voucher Programs</u>	Recommended (sufficient)	July 2020
<u>Permanent Supportive Housing with Housing First (Housing First Programs)</u>	Recommended (strong)	August 2019
<u>Tenant-Based Rental Assistance Programs</u>	Recommended (sufficient)	February 2001
Nutrition		
<u>Healthy School Meals for All</u>	Recommended (strong)	July 2022
Heart Disease and Stroke Prevention		
<u>Team-Based Care to Improve Blood Pressure Control</u>	Recommended (strong)	December 2020
<u>Tailored Pharmacy-based Interventions to Improve Medication Adherence</u>	Recommended (strong)	April 2019
<u>Mobile Health (mHealth) Interventions for Treatment Adherence among Newly Diagnosed Patients</u>	Recommended (sufficient)	December 2017
<u>Interactive Digital Interventions for Blood Pressure Self-Management</u>	Recommended (sufficient)	August 2017
Self-Measured Blood Pressure Monitoring Interventions for Improved Blood Pressure Control		
<u>When Used Alone</u>	Recommended (sufficient)	June 2015
<u>When Combined with Additional Support</u>	Recommended (strong)	June 2015
<u>Interventions Engaging Community Health Workers</u>	Recommended (strong)	March 2015
<u>Clinical Decision-Support Systems (CDSS)</u>	Recommended (sufficient)	April 2013

<u>Reducing Out-of-Pocket Costs for Cardiovascular Disease Preventive Services for Patients with High Blood Pressure and High Cholesterol</u>	Recommended (strong)	November 2012
<u>HIV/AIDS, STIs and Teen Pregnancy</u>		
<u>Group-Based Comprehensive Risk Reduction Interventions for Adolescents</u>	Recommended (sufficient)	June 2009
Youth Development Behavioral Interventions to Reduce Sexual Risk Behaviors in Adolescents		
<u>Coordinated with – Community Service</u>	Recommended (sufficient)	October 2007
HIV Prevention		
<u>Digital Health Interventions to Improve Adherence to HIV Pre-Exposure Prophylaxis</u>	Recommended (sufficient)	December 2021
<u>Partner Services Interventions to Increase HIV Testing</u>	Recommended (sufficient)	July 2021
<u>Clinical Decision Support System to Increase HIV Screening</u>	Recommended (strong)	April 2020
Interventions to Reduce Sexual Risk Behaviors or Increase Protective Behaviors to Prevent Acquisition of HIV in Men Who Have Sex with Men		
<u>Community-Level Interventions</u>	Recommended (sufficient)	June 2005
<u>Group-Level Interventions</u>	Recommended (strong)	June 2005
<u>Individual-Level Interventions</u>	Recommended (strong)	June 2005
<u>Mental Health</u>		
<u>Targeted School-Based Cognitive Behavioral Therapy Programs to Reduce Depression and Anxiety Symptoms</u>	Recommended (strong)	April 2019
<u>Universal School-Based Cognitive Behavioral Therapy Programs to Reduce Depression and Anxiety Symptoms</u>	Recommended (strong)	April 2019
<u>Mental Health Benefits Legislation</u>	Recommended (sufficient)	August 2012
<u>Collaborative Care for the Management of Depressive Disorders</u>	Recommended (strong)	June 2010
Interventions to Reduce Depression Among Older Adults		
<u>Clinic-Based Depression Care Management</u>	Recommended (sufficient)	February 2008
<u>Home-Based Depression Care Management</u>	Recommended (strong)	February 2008
<u>Motor Vehicle Injury</u>		
Use of Motorcycle Helmets		
<u>Universal Helmet Laws</u>	Recommended (strong)	August 2013

Reducing Alcohol-Impaired Driving		
<u>Publicized Sobriety Checkpoint Programs</u>	Recommended (strong)	August 2012
<u>Ignition Interlocks</u>	Recommended (strong)	April 2006
<u>Multicomponent Interventions with Community Mobilization</u>	Recommended (strong)	June 2005
School-Based Programs		
<u>Instructional Programs</u>	Recommended (sufficient)	October 2003
<u>Mass Media Campaigns</u>	Recommended (strong)	June 2002
<u>0.08% Blood Alcohol Concentration (BAC) Laws</u>	Recommended (strong)	August 2000
<u>Maintaining Current Minimum Legal Drinking Age (MLDA) Laws</u>	Recommended (strong)	August 2000
<u>Lower BAC Laws for Young or Inexperienced Drivers</u>	Recommended (sufficient)	June 2000
Use of Safety Belts		
<u>Enhanced Enforcement Programs</u>	Recommended (strong)	October 2000
<u>Laws Mandating Use</u>	Recommended (strong)	October 2000
<u>Primary (vs. Secondary) Enforcement Laws</u>	Recommended (strong)	October 2000
Use of Child Safety Seats		
<u>Community-Wide Information and Enhanced Enforcement Campaigns</u>	Recommended (sufficient)	June 1998
<u>Distribution and Education Programs</u>	Recommended (strong)	June 1998
<u>Incentive and Education Programs</u>	Recommended (sufficient)	June 1998
<u>Laws Mandating Use</u>	Recommended (strong)	June 1998
Nutrition		
<u>Home-delivered and Congregate Meal Services for Older Adults</u>	Recommended (sufficient)	December 2021
<u>Digital Health and Telephone Interventions to Increase Healthy Eating and Physical Activity among Students at Institutions of Higher Education</u>	Recommended (sufficient)	July 2021
<u>Worksite Digital Health and Telephone Interventions to Increase Healthy Eating and Physical Activity</u>	Recommended (sufficient)	March 2021
<u>Community-based Digital Health and Telephone Interventions to Increase Healthy Eating and Physical Activity</u>	Recommended (sufficient)	December 2020
<u>Gardening Interventions to Increase Fruit and Vegetable Consumption Among Children</u>	Recommended (sufficient)	December 2017

<u>Obesity</u>		
<u>Digital Health Interventions for Adolescents with Overweight or Obesity</u>	Recommended (sufficient)	August 2019
<u>Meal or Fruit and Vegetable Snack Interventions Combined with Physical Activity Interventions in Schools</u>	Recommended (sufficient)	April 2018
<u>Meal and Fruit and Vegetable Snack Interventions to Increase Healthier Foods and Beverages Provided by Schools</u>	Recommended (sufficient)	December 2016
<u>Multicomponent Interventions to Increase Availability of Healthier Foods and Beverages in Schools</u>	Recommended (sufficient)	December 2016
<u>Behavioral Interventions that Aim to Reduce Recreational Sedentary Screen Time Among Children</u>	Recommended (strong)	August 2014
<u>Technology-Supported Multicomponent Coaching or Counseling Interventions</u>		
<u>To Maintain Weight Loss</u>	Recommended (sufficient)	June 2009
<u>To Reduce Weight</u>	Recommended (sufficient)	June 2009
<u>Worksite Programs</u>	Recommended (strong)	February 2007
<u>Oral Health</u>		
<u>Dental Caries (Cavities): Community Water Fluoridation</u>	Recommended (strong)	April 2013
<u>Dental Caries (Cavities): School-Based Dental Sealant Delivery Programs</u>	Recommended (strong)	April 2013
<u>Preparedness and Response</u>		
<u>School Dismissals to Reduce Transmission of Pandemic Influenza</u>	Recommended (sufficient)	August 2012
<u>Physical Activity</u>		
<u>Home-based Exercise Interventions for Adults Aged 65 Years and Older</u>	Recommended (sufficient)	July 2022
<u>Park, Trail, and Greenway Infrastructure Interventions when Combined with Additional Interventions</u>	Recommended (sufficient)	July 2021
<u>Classroom-based Physically Active Lesson Interventions</u>	Recommended (sufficient)	March 2021
<u>Physical Activity: Classroom-based Physical Activity Break Interventions</u>	Recommended (sufficient)	March 2021
<u>Digital Health Interventions for Adults 55 years and Older</u>	Recommended (sufficient)	April 2019
<u>Interventions to Increase Active Travel to School</u>	Recommended (sufficient)	August 2018

<u>Interventions Including Activity Monitors for Adults with Overweight or Obesity</u>	Recommended (sufficient)	August 2017
<u>Built Environment Approaches Combining Transportation System Interventions with Land Use and Environmental Design</u>	Recommended (sufficient)	December 2016
<u>Family-Based Interventions</u>	Recommended (sufficient)	October 2016
<u>Enhanced School-Based Physical Education</u>	Recommended (strong)	December 2013
<u>Point-of-Decision Prompts to Encourage Use of Stairs</u>	Recommended (strong)	June 2005
<u>Creating or Improving Places for Physical Activity</u>	Recommended (strong)	May 2001
<u>Community-Wide Campaigns</u>	Recommended (strong)	February 2001
<u>Individually Adapted Health Behavior Change Programs</u>	Recommended (strong)	February 2001
<u>Social Support Interventions in Community Settings</u>	Recommended (strong)	February 2001
<u>Pregnancy Health</u>		
<u>Exercise Programs to Prevent Gestational Hypertension</u>	Recommended (sufficient)	February 2019
<u>Lifestyle Interventions to Reduce the Risk of Gestational Diabetes</u>	Recommended (strong)	December 2017
<u>Community-Wide Campaigns to Promote the Use of Folic Acid Supplements</u>	Recommended (sufficient)	June 2004
<u>Tobacco Use</u>		
<u>Mobile Phone Text Messaging Cessation Interventions</u>	Recommended (strong)	July 2020
<u>Internet-based Cessation Interventions</u>	Recommended (sufficient)	December 2019
<u>Comprehensive Tobacco Control Programs</u>	Recommended (strong)	August 2014
<u>Mass-Reach Health Communication Interventions</u>	Recommended (strong)	April 2013
<u>Interventions to Increase the Unit Price for Tobacco Products</u>	Recommended (strong)	November 2012
<u>Smoke-Free Policies</u>	Recommended (strong)	November 2012
<u>Quitline Interventions</u>	Recommended (strong)	August 2012
<u>Reducing Out-of-Pocket Costs for Evidence-Based Cessation Treatments</u>	Recommended (strong)	August 2012
<u>Mobile Phone-Based Cessation Interventions</u>	Recommended (sufficient)	December 2011
<u>Incentives and Competitions to Increase Smoking Cessation Among Workers When Combined With Additional Interventions</u>	Recommended (strong)	June 2005
Restricting Minors' Access to Tobacco Products		

<u>Community Mobilization with Additional Interventions to Restrict Minors' Access to Tobacco Products</u>	Recommended (sufficient)	June 2001
<u>Vaccination</u>		
Enhancing Access to Vaccination Services		
<u>Home Visits to Increase Vaccination Rates</u>	Recommended (strong)	February 2016
<u>Special Supplemental Nutrition Program for Women, Infants & Children (WIC) Settings</u>	Recommended (strong)	March 2015
<u>Reducing Client Out-of-Pocket Costs</u>	Recommended (strong)	September 2014
<u>Vaccination Programs in Schools and Organized Child Care Centers</u>	Recommended (strong)	June 2009
Increasing Community Demand for Vaccinations		
<u>Vaccination Requirements for Child Care, School, and College Attendance</u>	Recommended (strong)	February 2016
<u>Client or Family Incentive Rewards</u>	Recommended (sufficient)	May 2015
<u>Client Reminder and Recall Systems</u>	Recommended (strong)	May 2015
<u>Community-Based Interventions Implemented in Combination</u>	Recommended (strong)	October 2014
Provider- or System-Based Interventions		
<u>Provider Assessment and Feedback</u>	Recommended (strong)	March 2015
<u>Provider Reminders</u>	Recommended (strong)	March 2015
<u>Standing Orders</u>	Recommended (strong)	March 2015
<u>Health Care System-Based Interventions Implemented in Combination</u>	Recommended (strong)	October 2014
<u>Immunization Information Systems</u>	Recommended (strong)	July 2010
<u>Violence Prevention</u>		
<u>School-based Anti-Bullying Interventions</u>	Recommended (strong)	December 2021
<u>Violence: Primary Prevention Interventions to Reduce Perpetration of Intimate Partner Violence and Sexual Violence Among Youth</u>	Recommended (sufficient)	April 2018
<u>Group Cognitive-Behavioral Therapy to Reduce Psychological Harm for Traumatic Events Among Children and Adolescents</u>	Recommended (strong)	June 2006
<u>Individual Cognitive-Behavioral Therapy to Reduce Psychological Harm for Traumatic Events Among Children and Adolescents</u>	Recommended (strong)	June 2006

<u>School-Based Programs to Reduce Violence</u>	Recommended (strong)	June 2005
<u>Policies Facilitating the Transfer of Juveniles to Adult Justice Systems</u>	Recommended Against	April 2003
<u>Therapeutic Foster Care for Chronically Delinquent Juveniles</u>	Recommended (sufficient)	June 2002
<u>Early Childhood Home Visitation to Prevent Child Maltreatment</u>	Recommended (strong)	February 2002
<u>Worksite Health</u>		
Seasonal Influenza Vaccinations Using Interventions with On-Site, Free, Actively Promoted Vaccinations		
<u>Healthcare Workers</u>	Recommended (strong)	June 2008
<u>Non-Healthcare Workers</u>	Recommended (sufficient)	June 2008
Assessment of Health Risks with Feedback (AHRF) to Change Employees' Health		
<u>AHRF Plus Health Education with or without Other Interventions</u>	Recommended (strong)	February 2007

† The CPSTF Finding and Rationale Statement will be posted as soon as it is finalized and cleared.