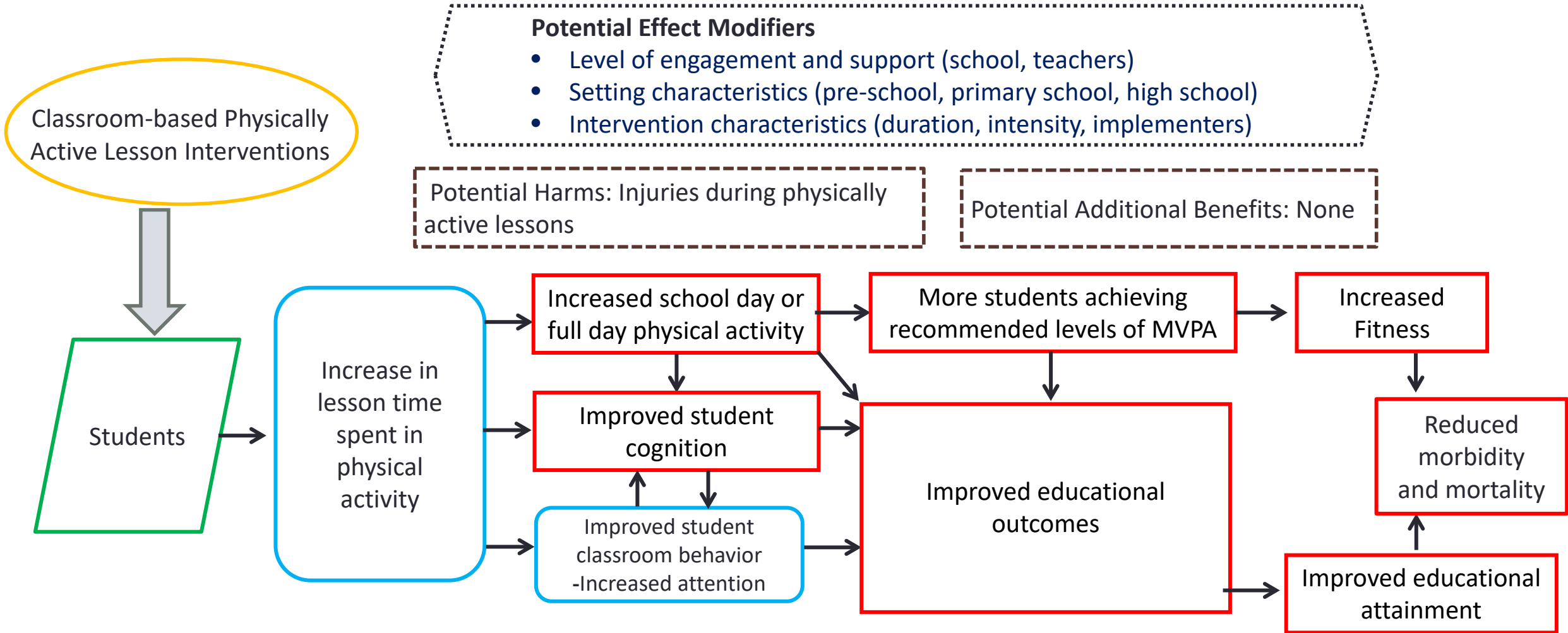


Analytic Framework*: Physical Activity: Classroom-based Physically Active Lesson Interventions



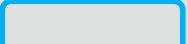
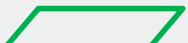

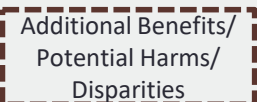



Accessible version: <https://www.thecommunityguide.org/sites/default/files/assets/AF-Physically-Active-Lessons-508.pdf>



MVPA: Moderate-to-vigorous physical activity

*Diagram adapted from introduction section of Norris E, van Steen T, Direito A, Stamatakis E. Physically active lessons in schools and their impact on physical activity, educational, health and cognition outcomes: a systematic review and meta-analysis. *British Journal of Sports Medicine* 2020;54:826-38.

Legend: Icons in Community Guide Analytic Frameworks

Icon	Interpretation
	Intervention
	Recommendation outcome
	Other intermediate outcomes/variables (that are not recommendation outcomes)
	Population
	Key Potential Effect Modifiers (affecting causal relationships)
	Additional benefits/Potential Harms/Disparities
	Unidirectional block arrows are applied between intervention and population icons
	Unidirectional arrows for causal relationships
	Bidirectional arrows show feedback loops